



Kayak Kit List

Most of the items listed below are essential, without these items we may not be able to take you on the water. If you are unsure about any of the items on this list, or would like advice on buying kit then call for a chat on 07849548821 or email Hello@allaboutadventure.co.uk

Clothing

- Thermal base layers. (Not cotton)
- Thermal leggings or walking trousers
- Woolly hat
- Warm socks
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Equipment

- Head torch + Batteries
- Map case and compass
- Plastic survival bag
- Variety of dry bags
- Food and drink
- Thermos flask (optional)
- Small personal first aid kit
- Emergency warm clothes

Available for hire

- Buoyancy aid
- Spray deck
- Dry cag and dry trousers or Dry suit
- Kayak
- Paddle
- Wetsuit boots

All About Adventure guides will carry a full first aid kit, emergency equipment, spare paddles and kayak repair kit.